

Douglas Dolphins Swim Team's
Last Chance Age Group Open
January 27 – 29, 2012

Enter online at: <http://ome.swimconnection.com/pc/ddst20120127>

Sanction: Held under USA/Pacific Swimming Sanction No.: **12-003**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages by reason of injuries to anyone during the conduct of the event.

SANCTION: Held under USA Pacific Swimming Sanction No. [Click here to enter text.](#)

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet will be posted in real time on the Internet at (meet results URL). By entering the meet, the athlete or his/her guardian consents to this publication.

Use of Audio and Video: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms

Location: Carson Valley Swim Center, 1600 Highway 88, Minden, NV 89423.
Directions to the pool: HWY 395 South from Carson City, right turn on HWY 88, one block on right (just past the high school). Complete visitor information can be found at <http://www.ddst.org>.

Course: Indoor pool, up to six 25-yard competition lanes with warm-up and warm-down area. Fully automatic timing with touch pads and 8-line scoreboard. **The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 10 feet 0 inches at the start end and 3 feet 10 inches at the turn end. All 25 yard events will start at a depth of 10 feet.**

Time: **FRIDAY EVENING** warm-ups 3:45-4:45pm, meet begins at 5:00 pm.
SATURDAY & SUNDAY MORNING SESSIONS (11 & Up) warm-ups 7:15-8:15am, meet begins at 8:30 am
AFTERNOON SESSIONS (10 & Under): meet will start no sooner than 12:00 pm with warm-ups no sooner than 11:00 a.m.
We will have an ESTIMATED timeline on our website tentatively Monday, January 23th, 2012. DDST website is <http://www.ddst.org>.

Rules: Current USA Swimming (USA-S) and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course desk. All the events are timed finals. **Swimmers may compete in 2 individual events on Friday and 5 individual events on Saturday or Sunday but**

cannot exceed 10 events for the meet. Swimmers entered in the 500 Free must provide their own counters, and swimmers entered in the 1650 Free must supply their own counters and timers. The 1650 Free events will be swum fastest to slowest alternating girl and boy heats. If local conditions warrant the meet referee in concurrence with the meet director may require a scratch down and an immediate cash refund will be made. All swimmers 12 & under should complete competition within 4 hours. **ENTRIES WILL BE LIMITED TO THE FIRST 350 SWIMMERS** or when the meet estimated time line exceeds the Four Hour Rule per Age Group and Gender.

Coaches &
Officials:

All coaches and deck officials must wear their current USA-S membership card in a visible manner at all times while on deck. All coaches are required to sign in at the meet before the beginning of warm ups and present their 2012 registration card. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing starter must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas and in all areas used by swimmers during the meet and warm-up periods. Glass containers and the sale or use of alcoholic beverages are prohibited in all areas of the meet venue. Use of cell phones is prohibited in the locker rooms. **NO ANIMALS ARE ALLOWED ON THE PREMISES.**

Eligibility: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee).

Duplicate registrations will be refunded by mail. This meet is open to qualified members of USA-S. Swimmers 19 years of age and older may participate in open or 13-Up events but may not receive awards or score points. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations or entry times and seeding per Pacific Swimming Policy.**

Check-in: The meet will be deck seeded. Athletes must check in with the Clerk of Course. Close of check in for the first 4 events shall be no more than 30 minutes before the estimated start of the first heat of the event. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session.

SCRATCHES:

Any swimmer who has checked in for an individual event and fails to swim that event will be barred from the next individual event in which the swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

TWO OPTIONS FOR MEET ENTRY

Option 1: Online Meet Entries:

Enter at: <http://ome.swimconnection.com/pc/ddst20120127> by midnight Wednesday, January 18th, 2012 to receive immediate confirmation of acceptance. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

Option 2: Surface Mail Entries:

Entries must on attached Consolidated Entry Card. Entry cards must be completely filled out including best short course times for each event. Entered times must be submitted in yards. **“No times” entries will be accepted. Entries should be postmarked no later than midnight Tuesday, January 17th, 2012 and mailed to:**

Douglas Dolphins Swim Team
C/o Sue Cruz
1819 Long Court, Gardnerville, NV 89410

Or hand delivered to the DDST entry box at the Carson Valley Swim Center by 5:00 PM, Wednesday, January 18th, 2012. NO LATE ENTRIES WILL BE ACCEPTED, NO DECK ENTRIES WILL BE ALLOWED. Except for mandatory scratch downs, no refunds will be made.

Make checks payable to: Douglas Dolphins Swim Team or DDST

Entry Fee: \$2.75 per event plus an \$8.00 swimmer participation fee per swimmer to help cover meet expenses.

Admission: Free. A three-day program will be available for purchase.

Awards: Ribbons 1st – 12th place in each event
8-un events will be awarded 6-un, 7-8
11-up events will be awarded 11-12, 13-14 and 15-18
Swimmers 19 years of age and older will not receive awards.

Hospitality: Limited hospitality will be offered to officials, coaches, and timers.

Snack Bar: There will be a well-stocked snack bar for food service.

Parking: No parking on Highway 88 or along red or yellow curbs. Blue Zones in front of the pool are for handicapped parking only. Overflow parking is available in the high school parking lot north of the meet venue.

Officials: Referee: Gale Maynor
Starter: Jim Morefield
Meet Marshall: Mark Weaver

Meet Directors: Lorna Johnston
johnstonLD@gmail.com
(775-315-3598 Cell
Margaret Jackson
margaretjackson@charter.net
(760)937-2874

Minimum Officials:

All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. **Participating clubs are requested to provide at least the following number of certified and carded officials for each session:**

Club swimmers entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

Schedule of Events

G	B	Age Group	Event
<u>Friday, January 27th, 2012</u>			
1	2	11-18	400 IM
3	4	9-10	200 IM
5	6	9-12	500 Free
7	8	11-18	1650 Free

Saturday, January 28th, 2012

Morning Session 11-Up Swimmers

G	B	Age Group	Event
9	10	11-12	100 IM
11	12	13-up	200 Free
13	14	11-12	200 Free
15	16	13-up	100 Back
17	18	11-12	100 Back
19	20	13-up	200 Breast
21	22	11-12	50 Breast
23	24	13-up	100 Fly
25	26	11-12	100 Fly
27	28	13-up	50 Free
29	30	11-12	50 Free
31	32	13-up	500 Free

Afternoon Session 10-Under Swimmers

33	34	9-10	100 IM
35	36	8-un	100 IM
37	38	9-10	50 Back
39	40	8-un	50 Back
41	42	9-10	100 Breast
43	44	8-un	25 Breast
45	46	9-10	50 Fly
47	48	8-un	50 Fly
49	50	9-10	100 Free
51	52	8-un	25 Free

Sunday, January 29th, 2012

Morning Session 11-Up Swimmers

G	B	Age Group	Event
53	54	13-up	200 IM
55	56	11-12	200 IM
57	58	13-up	200 Back
59	60	11-12	50 Back
61	62	13-up	100 Free
63	64	11-12	100 Free
65	66	13-up	200 Fly
67	68	11-12	50 Fly
69	70	13-up	100 Breast
71	72	11-12	100 Breast

Afternoon Session 10-under Swimmers

73	74	9-10	200 Free
75	76	8-un	100 Free
77	78	9-10	100 Back
79	80	8-un	25 Back
81	82	9-10	100 Fly
83	84	8-un	25 Fly
85	86	9-10	50 Breast
87	88	8-un	50 Breast
89	90	9-10	50 Free
91	92	8-un	50 Free

DOUGLAS DOLPHINS SWIM TEAM			
Last Chance Age Group Open			
January 27 th -29 th , 2012			
CONSOLIDATED ENTRY CARD			
Name:		Last	First Initial
_____		_____	_____
Club Abbr.	If Unattached, Team Name	LSC (PC, SN, etc.)	
_____	_____	_____	
Club Name: _____			
AGE	Date of Birth	Age Group	
_____	_____	_____	
USA-S	Registration:		
_____	_____		
Gender (circle one): Male Female			
Event #	Distance / Stroke	Entry Time (yds)	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
# of Entries _____ X \$2.75 = \$ _____ Participation Fee: + \$ 8.00 Total Amount Paid: \$ _____ <small>(payable to Douglas Dolphins Swim Team)</small>			
Coach name: _____			
Swimmer's _____			
Address & _____			
e-mail: _____			
Phone # () -			
Team e-mail: _____			

DOUGLAS DOLPHINS SWIM TEAM			
Last Chance Age Group Open			
January 27 th -29 th , 2012			
CONSOLIDATED ENTRY CARD			
Name:		Last	First Initial
_____		_____	_____
Club Abbr.	If Unattached, Team Name	LSC (PC, SN, etc.)	
_____	_____	_____	
Club Name: _____			
AGE	Date of Birth	Age Group	
_____	_____	_____	
USA-S	Registration:		
_____	_____		
Gender (circle one): Male Female			
Event #	Distance / Stroke	Entry Time (yds)	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
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_____	_____	: .	
_____	_____	: .	
_____	_____	: .	
# of Entries _____ X \$2.75 = \$ _____ Participation Fee: + \$ 8.00 Total Amount Paid: \$ _____ <small>(payable to Douglas Dolphins Swim Team)</small>			
Coach name: _____			
Swimmer's _____			
Address & _____			
e-mail: _____			
Phone # () -			
Team e-mail: _____			